Sample List of Internship and Volunteer Sites

Alphabetical by Organization

**ACR Homes**
http://www.acrhomes.com/
Main Line: (651) 415-9991
ACR provides residential support services for people with physical and/or developmental disabilities. There are various paid positions at ACR in the areas of Direct Support, Medical Support and Operations, no experience necessary.

**Anthony Louis Center**
http://www.anthonylouiscenter.com/
Main Line: 763-542-9212
Anthony Louis Center helps adolescents with chemical dependency and abuse issues develop skills and the desire to cope with the stresses of adolescence in a responsible, chemically free manner. Centers in Blaine, Burnsville, Eden Prairie, Plymouth, and Woodbury

**Aurora Center – Program against Sexual Violence**
http://www1.umn.edu/aurora/
Volunteer Line: 612-626-2929
E-mail: aurora@umn.edu
Focus on advocacy and education against sexual assault, relationship violence, and stalking. Available positions include Help Line Advocates, Office Advocates, Violence Prevention Educators, and Special Projects Volunteers.

**Breakthrough Twin Cities**
http://www.breakthroughtwincities.org/
E-mail: volunteer@breakthroughtwincities.org
Volunteer Line: 651-748-5504
The Breakthrough collaborative creates local opportunities for high potential, low-income middle school students to learn and for older students to teach. Volunteer positions include Academic Coach (Tutor) or College Essay Coach.

**Center for Victims of Torture**
http://www.cvt.org/
Main Line: 612-436-4800
The center is a non-profit organization that provides care to the survivors of politically motivated torture and their family members. Volunteers make a meaningful difference in the lives of survivors by working directly with clients, contributing their professional skills, or helping with administrative tasks.

**Comunidades Latinas Unidas en Servicio (CLUES)**
http://www.clues.org/
Main Line: 612-746-3500
CLUES provides behavioral and human services, including mental health services, family services, economic advancement services, and ESL classes, to Minnesota families, many of whom are recent immigrants. Opportunities to work with people of all ages.

**Courage Center**
http://www.couragecenter.org/
Volunteer Line: 612-775-2728
E-mail: VolunteerServices@CourageCenter.org

*Indicates state-mandated training

Updated 08/14
Courage Center is a nonprofit organization providing rehabilitation, enrichment, and independent living services for people with physical, sensory, and/or neurological disabilities. A variety of volunteer opportunities are available, with locations in Golden Valley, Burnsville, Duluth, and St. Croix.

**Crisis Connection***
http://www.crisis.org/
Volunteer Line: 612852-2201
Crisis Connection is a nonprofit agency that provides 24-hour crisis counseling by telephone. Volunteers can work as phone counselors or help with administration, marketing, and development.

**Dakota County Juvenile Services Center***
http://www.co.dakota.mn.us/Government/Jobs/Volunteering/Pages/community-correction-volunteers.aspx
Volunteer Line: 952-891-7151
E-mail: ruth.fonstad@co.dakota.mn.us
The primary objective of the Juvenile Services campus is to provide for community safety by providing offenders a safe, secure, structured environment within which they are challenged to evaluate and change the thinking and behaviors that brought them into the system.

**El Colegio**
http://www.el-colegio.org/
Main Line: 612-728-5728 ext. 205
E-mail: volunteer@el-colegio.org
El Colegio integrates research-based teaching strategies with Latino culture and traditions, with a goal of preparing their students for life after high school. Volunteers can provide academic support, event support, and administrative support.

**The Emily Program**
http://www.emilyprogram.com/about-us/employment/internships/
Internship Line: 651-645-5323
E-mail: communications@emilyprogram.com
The Emily Program provides personalized treatment for eating disorders. They offer semester, year-long, and summer volunteer internships for undergraduates in administrative, research, and outreach positions.

**Face to Face**
www.face2face.org
Volunteer Line: 651-772-5555
E-mail: vongharath@face2face.org
Face to Face provides medical and social services to teenagers, ages 11-23. Volunteers can assist in a variety of ways, including administrative duties, tutoring, and with events.

**Fairview Medical Center**
http://www.uofmmedicalcenter.org/Giving/BecomeAVolunteer/index.htm
Main Line: 612-273-3000
Volunteer opportunities include working with adult patients at University of Minnesota Medical Center and with pediatric patients at University of Minnesota Amplatz Children's Hospital.

**The Family Partnership**
www.thefamilypartnership.org
Volunteer Line: 612-341-1611
E-mail: abriggs@thefamilypartnership.org
Through counseling, education programs, and advocacy, The Family Partnerships supports families in need and empowers them to solve problems.

*Indicates state-mandated training

Updated 08/14
United Way
www.unitedwayhelps.org
Main Line: 320-252-0227
e-mail: info@unitedwayhelps.org
United Way works to improve people's lives by mobilizing the caring power of Central Minnesota. United Way 2-1-1 (formerly First Call for Help) is a free and confidential community helpline available 24 hours a day, 7 days a week. 2-1-1 helps people access information they need to navigate the ever increasing and complex array of human services. This helpline can also be used as a directory for students seeking volunteer or internship opportunities.

Fraser Community Services
www.fraser.org
Volunteer Line: 612-798-8337
E-mail: volunteer@fraser.org
Empowering all individuals, especially those with developmental disabilities and those at risk for developmental delays, with the life skills necessary to maximize their potential to live enriched and productive lives. A variety of volunteer opportunities are available through Fraser.

Free Arts Minnesota
http://www.freeartsminnesota.org/
Free Arts Minnesota inspires hope and builds self-esteem for youth who have experienced poverty, homelessness, abuse and mental illness, using the healing powers of artistic expression and caring adult mentors. They periodically seek volunteer assistance to help with special events such as Free Arts Days, art exhibits, recruitment tables, fundraisers, and other events. Other opportunities are available, such as internships in program development and IT.

Freedom Schools
http://www.cdf-mn.org/
Volunteer Line: 651-855-1174
E-mail: hernandez@cdf-mn.org
The Children’s Defense Fund of Minnesota’s Freedom Schools program provides summer and after-school enrichment that helps children fall in love with reading, increases their self-esteem, and generates more positive attitudes toward learning. College-age young adults are trained as servant leader interns to deliver the integrated reading curriculum (IRC) and adults are trained as site coordinators and project directors to provide supervision and administrative oversight.

Hennepin County Community Corrections
http://www.hennepin.us/your-government/facilities/probation-locations
Main Line: 612-348-2110
E-mail: doccr@hennepin.us
Both juvenile and adult probation, as well as the juvenile detention center, county home school and the adult corrections facility.

Hennepin County Medical Center
http://www.hcmc.org/volunteer/
Volunteer Line: 612-873-2512
Several opportunities available, ranging from Pediatric/Newborn ICU to the Medicine Clinic.

Jeremiah Program
www.jeremiahprogram.org
Volunteer Line: (651) 332-5006
E-mail: nsalaam@jeremiahprogram.org
Jeremiah Program assists single mothers and their children to break the cycle of poverty by providing a campus community where they can prosper in all senses of the word.
Kaleidoscope Place
http://www.kaleidoscope-kids.org/
Volunteer Line: 612-871-9268
Kaleidoscope offers after-school and summer programming to children and families in Minneapolis’ Phillips Neighborhood. Tutor, mentor, and other related volunteer positions available.

LearningWorks
http://www.blakeschool.org/support-lw/giving-your-time/index.aspx
Volunteer Line: 952-988-3706
LearningWorks is an academic enrichment program for students in the Minneapolis Public School district. Volunteer opportunities include event planning, guest teaching, and professional mentorship for students who have graduated from the program.

Mental Health Association of Minnesota
www.mentalhealthmn.org
Main Line: 612-493-6643
E-mail: benaw@mentalhealthmn.org
Nonprofit agency dedicated to improving the lives of people with mental illness and promoting mental health for all Minnesotans. Advocating the rights of the mentally ill through individual client advocacy and systems advocacy at the state legislature. Volunteer or internship opportunities are in the form of administrative support.

Minneapolis Public Schools
http://volmps.mpls.k12.mn.us/
Volunteer Line: 612-668-3880
e-mail: volunteermps@mpls.k12.mn.us
Tutors needed within the Minneapolis public school system. Help tutor students in basic reading and math. Kindergarten through high school.

Minnesota Council of Nonprofits
http://www.minnesotanonprofits.org/
MCN works to inform, promote, connect and strengthen individual nonprofits and the nonprofit sector. This is a great resource for finding jobs, internships, and volunteer opportunities.

Minnesota Literacy Council
http://mnliteracy.org/volunteers
Main Line: 651-645-2277
E-mail: volunteer@mnliteracy.org
The Minnesota Literacy Council (MLC) is a nonprofit, statewide organization that provides literacy services to adults, children, volunteers, and community programs around Minnesota.

Neighborhood Involvement Program/Rape and Sexual Abuse Center*
www.neighborhoodinvolve.org
Main Line: 612-374-3125
NIP: Help provide healthcare and social services to low-income or uninsured people, victims of sexual assault, youth, seniors and the community at large.
RSAC: Provide advocacy and crisis counseling on the 24-hour crisis line in RSAC office to survivors of sexual assault. Interns also have the opportunity to provide community education, walk-in counseling and intake services. Weekly group supervision and initial 40-hour training provided.

*Indicates state-mandated training
OutFront Minnesota
www.outfront.org/action/opportunities
Main Line: 612-822-0127
E-mail: scassidy@outfront.org
Advocating for the gay, lesbian, bisexual, transgender and allied communities.

People Incorporated
http://www.peopleincorporated.org/get-involved/volunteer/
Volunteer Line: 651-288-3532
E-mail: volunteer@peopleincorporated.org
Promoting independence and community integration for people with mental illness and other disabilities, many of whom have complex and neglected needs. A variety of volunteer opportunities are available.

People Serving People, Inc.
www.peopleservingpeople.org
Volunteer/Internship Line: 612-277-0216
E-mail: Tgolembeck@peopleservingpeople.org
Operates the largest homeless shelter in Minnesota. Provide residents with housing, meals and access to resources they need to move on to independence.

Student Experience
http://www.studentexperience.com/student/
Main Line: 651-894-6360
E-mail: hello@studentexperience.com
Student Experience works with children and young adults who require personal assistance due to diagnoses ranging from Autism, Anxiety, Depression, Reactive Attachment Disorder or Bipolar Disorder to Cerebral Palsy, Quadriplegia and Spina Bifida.

Tubman*
www.tubman.org
Volunteer line: 612-767-6680
E-mail: volunteer@tubman.org
Tubman helps women, children, and families struggling with relationship violence, substance abuse, and mental health. Throughout the Twin Cities, Tubman provides safe shelter, legal services, counseling, elder care resources, youth programming, and community education. A variety of volunteer and internship opportunities working with individuals and families are available.

United Way Caring Connection
http://unitedwaytwincities.volunteermatch.org/
Volunteer line: 612-340-7440
E-mail: caringconnection@unitedwaytwincities.org
United Way Caring Connection matches people to volunteer projects with United Way community partners across the nine-county metro area. Caring Connection has hundreds of opportunities to choose from so you can volunteer where you live or work. You can search for a project, contact the agency, recruit volunteers to join you and keep track of your volunteer hours all online.

Walk-In Counseling Center
www.walkin.org/volunteering
Main line: 612-870-0565
Provides free counseling to those who are unsure where to go for help, or who are uneasy about seeking help from traditional sources. Walk-In seeks volunteer receptionists and admin assistants.

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Washburn Center for Children
Internship Line: 612-872-3341; e-mail: internships@washburn.org
Volunteer e-mail: ezondervan@washburn.org
Undergraduate internships in education, human services, psychology, and social work are available with our
group treatment programs, Day Treatment and Family Focused/Infant-Toddler. Undergraduates may also
intern with the Preschool Outreach Program. This program offers training and consultation to childcare
centers and in-home providers in the Hennepin County area.

WATCH
www.watchmn.org/volunteer
Volunteer line: 612-341-2747
watchvolunteer@watchmn.org
WATCH’s mission is to make the justice system more effective and responsive in handling cases of violence
against women and children, and to create a more informed and involved public. Volunteers carry red
clipboards while they monitor court hearings involving violence against women and children. They record
important data and observations on specially designed forms.

YMCA
Minneapolis Downtown:
http://www.ymcatwincities.org/locations/minneapolis_downtown_ymca/about/volunteer/
Main line: 612-371-8777
E-mail: amanda.sappa@ymcatwincities.org
Multiple volunteer opportunities with kids, adults, and seniors, youth, family, and community events.

YWCA
Minneapolis:
https://www.ywcampls.org/volunteer/
Volunteer line: 612-332-0501
E-mail: volunteer@ywcampls.org
St. Paul:
www.ywcaofstpaul.org/vol.html
HR line: 651-265-0701
E-mail: volunteer@ywcaofstpaul.org
Multiple volunteer and internship opportunities in youth development, social services/transitional housing,
health and fitness and program administration are available.

For More Information & Suggested Opportunities:

Community Service-Learning Center
www.servicelearning.umn.edu
Main Line: 612-626-2044
The Community Service-Learning Center connects U of MN students to community involvement and
service-learning opportunities as well as exchanges to other U.S. campuses.

Undergraduate Research Opportunities & Internships

GoldPASS
https://goldpass.umn.edu/
Post your resume, view and search job, internship, and volunteer listings, and register for career fairs.

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