Public Health Minor

*Begin building your future as a change agent for a healthier world!*
The Public Health Minor

• A collaboration between the School of Public Health and the College of Liberal Arts

• Designed to give undergraduate students an introduction to the language, concepts, and methods used when addressing population-level health challenges.
Courses

• The courses for the minor come from both the School of Public Health and College of Liberal Arts

• College of Liberal Arts course options

  – African American & African Studies; Anthropology; Cultural Studies & Comparative Literature; Classical & Near Eastern Studies; Economics; Gender, Women & Sexuality Studies; Geography; Global Studies; Journalism; Philosophy; Psychology; Sociology
Why Public Health?

- Improve your understanding about how local, regional, national, and international issues shape knowledge systems and social practices around health, well-being, and healthcare systems.

- Enhance your application or resume for professional programs, graduate school, or future jobs.

- Find out whether you want to apply for a graduate program in Public Health.

- Complement your disciplinary major program and build skills for a career in health services, non-profit or government jobs in social services, and careers related to globalization, development, and diversity issues.
**Minor requirements – See website for Minor Program Form**

**Introduction to the Discipline: Take two of the following courses.**

- **Subrequirement 1:**
  - PUBH 3001 OR PUBH 3202 OR PUBH 3004**

- **AND**

- **Subrequirement 2:**
  - PUBH 3350 OR PUBH 3106

**Understanding Health Issues From Varying Social Scientific Contexts: Take 6 credits from the following courses, usually two courses.**

- AFRO 4231
- CSCL 3458W
- GEOG 3411W
- PSY 3206
- SOC 3511
- ANTH 3306W
- ECON 5890
- GLOS 3613W
- PSY 5138
- SOC 3681
- ANTH 4075
- GEOG 3379
- JOUR 5541
- PSY 5205
- SOC 4246
- CNES 5535
- GEOG 3381W
- JOUR 5543
- PSY 5206
- CSCL 3456W
- GEOG 3401
- PHIL 3305
- SOC 3501

**Applying Public Health Theory: Take 2 or more credits from the following courses**

- PUBH 3003
- PUBH 3104
- PUBH 3802
- PUBH 3004*
- PUBH 3315
- PUBH 3807
- PUBH 3010
- PUBH 3415
- PUBH 3905
- PUBH 3040
- PUBH 3639
- PUBH 3940
- PUBH 3102
- PUBH 3801
- PUBH 3950

**Global Impact: Take one of the following courses** (no substitutions allowed at this time):

- PUBH3107 “Global Public Health & the Environment” (fall semester only; pre-reqs required)
- PUBH3601 “Maternal & Child Health” (spring semester only)
Specifics

- Complete a total of 14-15 Upper Division credits
- All courses must be taken A-F only, with a grade of C- or better, min. 3 credits done in CLA here at the Twin Cities campus.
- PUBH 3004 is a 4-credit course that combines PUBH 3001 and PUBH 3003
  - Taking PUBH3004 satisfies half of the "Introduction to the Discipline" requirement, as well as the "Applying Public Health Theory" requirement.
- Make sure to complete pre-requisites, especially for the Global Impact courses (e.g. PubH 3107)
Course substitutions & reminders

• You may petition for a course substitution of courses fulfilling the following requirements:
  – Understanding Health Issues from Varying Social Scientific Contexts

• Petitions for Learning Abroad courses are not presently being accepted. Please check with the Public Health Minor advisers each semester if you are interested in petitioning a Learning Aboard course or a “PubH” course for the Global Impact Requirement.

• Petition process takes 4-6 weeks

• Follow the requirements for the minor during the semester in which you declared

• Use your minor program planning form as a reference and see the Public Health Minor advisers at least once a year
Extracurricular opportunities

When declaring your Public Health minor, indicate your interest in these opportunities!

• Learning Abroad opportunities

• Undergraduate Public Health Association – umnphfa.wordpress.com

• Get started with volunteering; meet with an adviser and checkout the resources at the Health Careers Center and/or the Community Service Learning Center
CLA Minor Advisors

• Jeanette Simmonds
  – Advisor for Geography & BSE, 523 Social Sciences Building

• Bobby Bryant
  – Advisor for Sociology, 923 Social Sciences Building

Contact them via email pubhadv@umn.edu for:
  – Minor requirements
  – Declaring your minor
  – Course scheduling

SPH Minor Contacts

• Carol Francis
  – Registrar and Associate Director for Academic and Student Affairs 2-565 franc004@umn.edu

• Tricia Todd
  – Assistant Director, Health Careers Center, 2-565 Moos Tower todd0002@umn.edu
Helpful Resources

• Health Careers Center – for health career resources and coaching
  – 2-565 Moos Tower
  – \url{www.healthcareers.umn.edu}
  – \texttt{Pathways to Public Health}
  • Free Online Career Exploration Tool
Next Steps

• Bring the Public Health Minor Planning Form to a walk-in appointment with one of the CLA Public Health Minor Advisers to officially declare the minor. Walk-in hours are listed on the website.

• Fill in (x) the courses you have TAKEN

• On the Public Health Minor Planning Form please write ‘POWERPOINT’ to indicate that you viewed this presentation.