Public Health Minor

Begin building your future as a change agent for a healthier world!
The Public Health Minor

• This interdisciplinary minor is a collaboration between the School of Public Health (SPH) and the College of Liberal Arts (CLA)

• Designed to give undergraduate students an introduction and foundation to the language, concepts, and methods used when addressing population-level health challenges.
Why Public Health?

• Improve your understanding about how local, regional, national, and international issues shape knowledge systems and social practices around health, well-being, and healthcare systems.

• Enhance your application or resume for professional programs, graduate school, or future jobs.

• Find out whether you want to apply for a graduate program in Public Health.

• Complement your disciplinary major program and build skills for a career in health services, non-profit or government jobs in social services, and careers related to globalization, development, and diversity issues.
Courses

• The courses for the minor come from both the School of Public Health and College of Liberal Arts

• College of Liberal Arts course options for the “Understanding Health Issues from Varying Social Scientific Contexts” come from many CLA departments, including:

  African American & African Studies, Anthropology, Cultural Studies & Comparative Literature, Classical & Near Eastern Studies, Economics, Gender, Women & Sexuality Studies, Geography, Global Studies, Journalism, Philosophy, Psychology, & Sociology
Minor requirements
(SPH – School of Public Health course; CLA – College of Liberal Arts course)

- **Part I**: Introduction to the Discipline Part I and Part II – 1 course each; 2 courses total (SPH)

- **Part II**: Understanding Health Issues from Varying Social Scientific Contexts – 2 courses (CLA)

- **Part III**: Applying Public Health Theory – 1 course (SPH)

- **Part IV**: Global Impact – 1 course (SPH)

  *prerequisites: Part I and III enforced!*

- 14 to 16 Upper Division credits total
Specifics

• All courses must be taken A-F only, with a grade of C- or better

• PUBH 3004 is a 4-credit course that combines PUBH 3001 and PUBH 3003. Taking PUBH 3004 satisfies half of the "Introduction to the Discipline" sub-requirement, as well as the "Applying Public Health Theory" sub-requirement.

• Again, the Prerequisites for the Global Impact courses are enforced!
Specifics Cont’d

- Transfer, Study Abroad, and National Student Exchange (NSE) courses are very rarely approved and only under unusual circumstances for the PubH section(s) of the minor. A petition with syllabus is required. See the PubH advisers for details.

- Transfer, Study Abroad, and NSE courses are never allowed for the CLA section “Understanding Health Issues...” section of the Minor. No exceptions, ever.
Permission Numbers

• Occasionally students may need a permission number to take a course. Please contact the department that is offering the course for a permission number.
• Include your student ID number
• Introduce yourself and tell them the relevant courses you have taken
• Indicate why you need a permission number
• It may be helpful to first consult with one of the PubH minor advisers, please make use of Drop-In hours or email.
• Some classes are reserved for declared PubH minors only, so we encourage you do declare your minor early!
Course Substitutions & Reminders

- Occasionally there may be a CLA special topics course that is offered that might meet the “Understanding Health Issues…” part of the minor. Please consult with the CLA Advisers about possibly petitioning this course to count as an elective for the “Understanding Health Issues…”

- GCC courses can sometimes be approved for “Understanding Health Issues…” but the instructor(s) for the course must be a CLA Faculty member for the petition to even be considered.

- Remember that these courses must come from a CLA department, no exceptions. No transfer, study abroad, or NSE courses will be considered for this requirement.
Extracurricular opportunities

When declaring your Public Health minor, indicate your interest in these opportunities!

- Learning Abroad opportunities
- Service-Learning possibilities
- Get started with volunteering
  - Meet with an advisor to determine a desirable volunteer location
  - Explore the Community Service-Learning Center’s Community Partners
CLA Minor Advisors

• Ivan Bialostosky
  – Advisor for Geography & BSE, 481 Social Sciences Building

• Bobby Bryant
  – Advisor for Sociology, 923 Social Sciences Building

Contact us via email pubhadv@umn.edu for:
  – Minor requirements
  – Declaring your minor
  – Course scheduling

SPH Minor Contacts

• Carol Francis
  – Registrar and Associate Director for Academic and Student Affairs 2-565 franc004@umn.edu
Helpful Resources

• Pre-Health Student Resource Center— for health career resources and coaching
  – 2-565 Moos Tower
  – www.healthcareers.umn.edu
  – Pathways to Public Health
    • Free Online Career Exploration Tool
Next Steps

• Bring the Public Health Minor Planning Form to drop-in hours with one of the CLA Public Health Minor Advisers to officially declared. *Who to see and when are updated on the website weekly.*

• On the Public Health Minor Planning Form please write ‘**POWERPOINT**’ to indicate that you have viewed this presentation.

• You may download the Minor Planning Form here: [www.cla.umn.edu/public-health-minor/declare](http://www.cla.umn.edu/public-health-minor/declare)